

Table for menu item 2: ごはん (Rice). Includes ingredients like soboro, minchi, and various vegetables with their respective quantities.

Table for menu item 3: 火 (Fire). Contains nutritional information for middle school students (3-4 years) and a list of vitamins (A, B1, B2, C) with their intake and standards.

Section for menu item 4: 水 (Water). Features a photo of a school lunch contest entry and text announcing the 3rd school lunch contest results.

Table for menu item 5: 金 (Gold). Lists ingredients for 'shokupan' (bread) such as potato salad, bread, and various fillings.

Table for menu item 9: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 10: コッペパン (Coppelpan). Lists ingredients for soup, bread, and various fillings like onion soup and salad.

Table for menu item 11: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 12: げんまいごはん (Genmai-gohan). Lists ingredients for buckwheat rice, including buckwheat, rice, and various vegetables.

Table for menu item 13: チーズパン (Cheese Pan). Lists ingredients for cheese bread, including bread, cheese, and various fillings.

Table for menu item 16: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 17: コッペパン (Coppelpan). Lists ingredients for soup, bread, and various fillings like corn soup and salad.

Table for menu item 18: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 19: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 20: パーカーパン (Parker Pan). Lists ingredients for Parker pan, including bread, cream, and various fillings.

Table for menu item 23: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 24: コッペパン (Coppelpan). Lists ingredients for soup, bread, and various fillings like corn soup and salad.

Table for menu item 25: わかめごはん (Wakame-gohan). Lists ingredients for wakame rice, including wakame, rice, and various vegetables.

Table for menu item 26: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 27: しよくパン (Shokupan). Lists ingredients for shokupan, including bread, soup, and various fillings.

Table for menu item 30: ごはん (Rice). Includes ingredients like soybean paste, miso, and various vegetables.

Table for menu item 31: うずまきパン (Uzumaki Pan). Lists ingredients for uzumaki pan, including bread, pasta, and various fillings.

Section for menu item 32: 水 (Water). Contains information about the use of local agricultural products and the school lunch menu for the month.

Section for menu item 33: 水 (Water). Contains information about the school lunch menu for the month, including 'Genmai-gohan' and 'Wakame-gohan'.

Section for menu item 34: 水 (Water). Contains information about the school lunch menu for the month, including 'Shokupan' and 'Parker Pan'.